



**PERIODS – NO HIDING, NO HARM**  
**INTERNATIONAL MENSTRUAL HYGIENE DAY**

Jointly organised by  
Grand Academic Portal- India  
Rabindranath Tagore University- Madhya Pradesh  
Elphinstone College- Mumbai  
RYMEC- Karnataka  
Nalanda Nrityakala Mahavidyalaya- Mumbai

**28<sup>th</sup> May, 2021**

**Venue: Zoom**

**Event Schedule**

Welcome Address by Dr Preeti Oza, CEO- Grand Academic Portal	9.50 to 10.00AM
Welcome Address by Dr Savita Patil- Principal Elphinstone College- Mumbai	10.00 to 10.30AM
Welcome Address by Dr Sai Madhavi- Professor RYMEC & President GAP	
Dr Neeta Dhabhai, Senior Clinical Research Scientist and Deputy Director , New Delhi	

Topic : Challenges in Menstrual Hygiene Management	10.30 to 11.30 AM
Dr Uma Rele, Principal Nalanda Nritykala Mahavidyalaya, University of Mumbai, Mumbai	
Topic: Hygiene at Work place	
Dr Jasmine Gujarathi , Professor & Head, GJ Patel Institute of Ayurvedic studies and Research, CVM University, Anand	
Topic: Researches on Menstrual Practices – A brief Review	
Moderator: Dr Sangeeta Jauhari, Dean Faculty of Humanities, Rabindranath Tagore University, Bhopal and Vice President of GAP	

**Competition- Article**

<b>Judges</b>	
Dr Anita Patel, Associate Professor, Arts, Commerce and Science College, Khambhat	
Dr Urvashi Kaushal, Assistant Professor, SVNIT, Surat	
Dr Urmi Satyan, Assistant Professor, Pandit Dindayal Petroleum University, Gandhinagar	
<b>Name of the Participants</b>	
Alka Pagare	
Ritika Patel	
Bijendra Prajapati	
Deepak Kumar	

Mamta Amarghade	
Dr Pooja Chaturvedi	
Minal Patil	
Nikki Pandey	
Prince Kumar Thakur	
Priya Gupta	
Rajani CH	
Rajwinder Kaur	
Dr Shibani Dash	
Aakriti Dhoke	
Swathi	
Ragni Lamba	
Saloni Tiwari	
Ruchika Karade	
Vinita Sarathe	
Yalageri Harsha	

**Competition – Poster competition**

<b>Judges</b>	
Dr Sonal Bhatt, Associate Professor, Department of Economics, SP University, VV Nagar, Anand	
Dr Kalgi Shah, Assistant Professor, National Forensic University, Gandhinagar	

Dr Komal Shah, Assistant Professor, Department of  
Mass Communication and Journalism, Gujarat  
University, Ahmedabad

**Participants**

Dharmendra Kumar

Dr Ruchika

Dr Manisha Gupta

Dr C H Rajani

Madhumita Tohsin

Dr Chitra G

Arti Nagar

Nikki Pandey

Aakriti Dhoke

Aditi Rastogi

Dr Pooja Chaturvedi

Rashika Patidar

Riya Khunger

Sadbhar Bashir

Dr Shibani Dash

Dr Shweta Rathod

Kavita Verma

Deepak Kumar

Yalageri Harsha

**Competition – Short Video**

**Judges**

Dr Anita Patel, Associate Professor, Arts, Commerce  
and Science College, Khambhat

Dr Urvashi Kaushal, Assistant Professor, SVNIT, Surat

Dr Urmi Satyan, Assistant Professor, Pandit Dindayal  
Petroleum University, Gandhinagar

**Participants**

Dr Shweta Rathod

Prince Kumar Thakur

Dr Sneha Tiwari

Dr Matangee Pandya

Yalageri Harsha

**Competition – Slogan****Judges**

Dr Jayanti Goyal, Associate Professor, Department of  
Management, Kanoria College for Girls, Jaipur,  
Rajasthan

Dr Vikrant Jain, Assistant Professor, Karnavati  
University

**Participants**

Dr Anita Patel

Dr Shibani Dash

Dr Sneha Tiwari

Dr Manisha Gupta	
Dr Rajani	
Kajal Kumari	
Rashika Patel	
Dr Pooja Chaturvedi	
Ritika Patel	
Premal Patel	
Ruchika S Karade	
Riya Khunger	
Dr Shweta Rathod	
Yalageri Harsha	
Madhumita Tohsin	
Nikki Pandey	
Suraj Kumar	

### **Competition – Oral Presentation**

<b>Judges</b>	
Dr Jayanti Goyal, Associate Professor, Department of Management, Kanoria College for Girls, Jaipur, Rajasthan	
Dr Vikrant Jain, Assistant Professor, Karnavati University	
<b>Participants</b>	
Adarsh Singh	
C H Rajani	

Dr Ruchika	
Dr Manisha Gupta	
Satish Vidyarthi	
Sharon Master	
Shashi Ranjan	
Dr Shibani Dash	
Tanya Andharia	
C H Anvitha	
Yalageri Harsha	